



Enchanting Estancia Vik Exclusives March & April

ARRIVAL: Transfer to Estancia Vik José Ignacio. **MORNING:** Take part in a bike tour of the Quartz Field. Keep an eye out for Estancia Vik's Ñandú, an ostrich native to South America.

LUNCH: Indulge in a picnic lunch in the open Quartz Field while enjoying views of Laguna José Ignacio, Faro José Ignacio and the Atlantic Ocean.

AFTERNOON: Enjoy exploring the wild nature during a canoe ride along the Laguna José Ignacio, where fish and flamingos are often seen in their natural habitat.

SUNSET: Julian Trotte, pastry chef for Vik Retreats, will lead guests in a hands-on baking workshop.

DINNER: Dinner at Estancia Vik.

LATE NIGHT: Head to the South Garden for star gazing and a late-night swim in the pool.

BREAKFAST: Enjoy breakfast at your leisure.

MORNING: Visit the Village of Faro José Ignacio by foot or bike. Make a stop at the stunning light house, explore the coast during a half-hour walk around the peninsula or unwind enjoying a yoga class at the Yoga Shack. Organic cooking class and Spanish lesson at La Susana beach club & restaurant.

LUNCH: Lunch will be served at

La Susana following the cooking class.

AFTERNOON: Take part in your choice of water sports, including waterskiing, surfing, kitesurfing or paddle boarding.

SUNSET: A natural juices workshop will be offered at Playa Vik, while enjoying one of the best sunsets on the planet. Relax and take in the spectacular sunset or join us for a sunset horseback ride at Estancia Vik.

DINNER: Dinner at a local José Ignacio restaurant.

BREAKFAST: At your leisure.

MORNING: Polo lessons at Estancia Vik

will be offered to players at every level, followed by a guided visit of the colonial village of Garzon.

LUNCH: Enjoy lunch at your leisure. **AFTERNOON:** One of Vik Retreat's

featured artists will offer a workshop for both children and adults where you will learn about the properties' extensive art collection and participate in a project of your own. The afternoon will also include paintballing and a VIK wine tasting at Estancia Vik.

DINNER: Experience a traditional Uruguayan Asado BBQ at Estancia Vik.

BREAKFAST: At your leisure.

MORNING: A community service

opportunity will be offered, which will involve visiting one of the local organizations supporting Uruguay's children in need.

LUNCH: Visit the Atchugarry Foundation and Pablo Atchugarry's artist atelier. Guests will also be free to explore the towns of Manantiales and La Barra, followed by lunch at a local restaurant.

AFTERNOON: Horseback, mountain bike or drive along the farm roads of Estancia Vik to O33 to discover the olive oil production process and enjoy an olive oil tasting. Adults indulge in a one-hour massage treatment at Estancia Vik at your convenience.

EVENING: Prepare gnocchi and other Vik Retreats specialties alongside Head Chef Marcelo Betancourt.

DINNER: Enjoy the dinner you have prepared and practice Spanish with our staff.

Please read more at <http://www.gwenbooks.com/?p=5836>

